

# Day 8

## Judgement

### What is this squiggly skill?

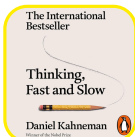
Good judgment builds trust, which lets you take action and make things happen. Sharing the thoughts behind your decisions, avoids you coming across as judgmental.

### Recommended Resources



#### Elements of Good Judgement

Sir Andrew Likierman



#### Thinking, Fast and Slow

Daniel Kahneman

### Recommended Listen

Episode 364

How to improve  
your judgement

Squiggly  
Careers

#### Squiggly Careers #364

How to improve your  
judgement

### Ideas for Action



#### Press pause

When making an important judgement, press pause and take time to think. Try to see the decision from multiple angles. This helps you to give well-thought-out suggestions and build trust.



#### Be aware of biases

We all have biases in how we approach situations. Reflect on any bias that you're bringing to a situation and consider what an alternative would be. This helps you make a more balanced and informed judgement.