Day 3 Presenting

Squiggly OCareers Skills Sprint

What is this squiggly skill?

Presenting helps you to share your ideas and increase your impact at work. Finding your own presenting style helps you to communicate with confidence and create authentic connection with your audience.

Recommended Resource



Viv Groskop

Author of How to Own the Room

Recommended Listen



Squiggly Careers #389

How to present an idea

Ideas for Action



Get out of your head (and into theirs)

Think about how you can be useful to others. Ask yourself:

What's the most useful thing I can say?

What is the most useful way I can say it?



Be intentional about your style

Choose two words that represent how you want people to perceive you when you present (e.g. 'optimistic' or 'credible'). Think about how the words you say and the way you say them can create that impression.