

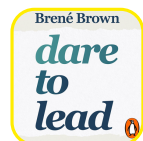
Day 17

Courage

What is this squiggly skill?

Courage helps you to succeed in times of change and challenge. It helps you to make a deliberate choice to do something different and develop in new ways.

Recommended Resources



Dare to Lead

Brené Brown



Values toolkit

Recommended Listen



Squiggly Careers #53

How to be brave

Ideas for Action



Get ahead of yourself

Spend time with people who are already doing what you want to do. Proactively joining these communities can help you to build a bridge and connect your desire with the actual doing.



Moments of bravery

Reflect on things that have been challenging in your career and identify what helped you take the plunge. Know your values to understand what motivates and drives you. Tune into this insight to support you to do new things.