

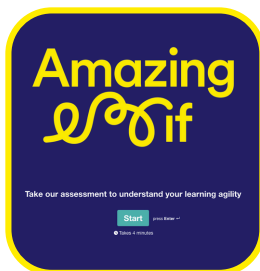
# Day 14

## Learning Agility

### What is this squiggly skill?

Learning agility helps you to succeed in situations you've not experienced before. It requires the ability to navigate newness, understand others and know yourself.

### Recommended Resource



[Learning agility assessment](#)

### Recommended Listen



[Squiggly Careers #367](#)  
How to increase your learning agility

### Ideas for Action



**Practice starting from scratch**

*When did you last do something that you've never done before?* Injecting newness to your work helps you to be more resilient. Look for opportunities to be a beginner.



**Fast fact finding**

To navigate new situations, quickly gather information from a variety of sources. Ask people you know, use Google, run a ChatGPT query, or crowdsource input on LinkedIn.

This approach helps you rapidly fill knowledge gaps.