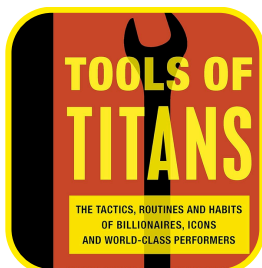


# Day 12 Mentoring

## What is this squiggly skill?

Mentoring creates clarity and helps to supercharge your self-confidence. It encourages you to help yourself and opens up lots of new opportunities.

## Recommended Resource



**Tools of Titans**  
Tim Ferris

## Recommended Listen



**Squiggly Careers #210**  
How to be a meaningful mentor

## Ideas for Action



### **Use in-the-moment mentors**

Reactive 'in-the-moment' mentor relationships provide specific advice when you need it.

Ask yourself:

*What do I need advice on now?  
Who has the knowledge I need?*



### **Playback key takeaways**

Reflect on 3 key points you took away from your mentoring conversation.

Go back to your mentor and share your insights. This reinforces your learning and provides feedback on their impact.