

How to increase your learning agility

Learning agility is learning from experiences so you know what to do when you've not done something before.

Why does learning agility matter?

In a squiggly world of work, we can find ourselves in lots of new situations – where we can't rely on what we've done before.

Learning agility gives the confidence to explore your potential and pull options and opportunities your way.



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Self-assess your learning agility by using our [2-min assessment tool](#).

Exploring your learning agility

Navigating newness

Feeling comfortable starting from scratch



What examples do you have of working on tasks from scratch?



How do you respond when priorities and plans change without warning?



When and where are you working in your courage zone?



Easy idea for action

- 👉 Pick up a colleague's work to help out while they're away

Hard idea for action

- 👉 Say 'yes' to an experiment that makes you uncomfortable because of time or people pressure

Understanding others

Appreciating different people's perspectives



Who do you spending time with who has very different experiences to you?



When are you exploring other people's perspectives?



Who, what and where are you borrowing brilliance from?



Easy idea for action

- 👉 Reflect on your listen:talk ratio. This will help you take better control and listen more attentively.

Hard idea for action

- 👉 Start a squiggly shadow by spending time with a person or team you're intrigued about.

Knowing yourself

Being confident in what you contribute



What are three strengths that you want to be recommended for?



How are you getting feedback on how your strengths are showing up?



What gaps have you got that could hold your strengths?



Easy idea for action

- 👉 Get strengths-based feedback by asking people you work with: "When do you see me at my best?"

Hard idea for action

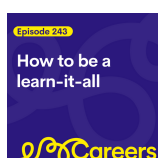
- 👉 Next time you're doing something for the first time look for the fast learning and keep a learning log.

Recommended resources



[Make Learning a Part of Your Daily Routine](#)

Our article published in *Harvard Business Review* about how we can invest in our learning, and create long-term dividends for our career development.



[How to be a learn-it-all](#)

We talk about even more practical ways to learn, unlearn and relearn at work, sharing lots of ideas for action to try out on [#243](#) of *Squiggly Careers*.