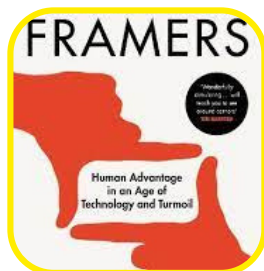# Day 8
Critical Thinking

What is this squiggly skill?

Critical thinking helps you address what is confusing and complex and get to clarity.
This is helpful if you are feeling overwhelmed and/or uncertain.

Go to Gurus

FRAMERS
Human Advantage in an Age of Technology and Turmoil

Kenneth Cukier, Viktor Mayer-Schoenberger, Francis de Vericourt

Recommended Listen

Episode 314
Critical Thinking
Ideas to improve Critical Thinking
Careers

Squiggly Careers #314
Ideas to improve your critical thinking

Ideas for Action

Practise problem statements

1. What are the problems we want to solve?
2. Why do we want to solve that problem?
3. Who else is trying to solve this problem?
4. How do we understand more about this problem?

Name your frame

Your frame is the default way you look at a situation (e.g. a bias for action or collaboration). Stating your frame helps other people understand your thinking and spot opposing frames to challenge your thinking with.