

## How to release your (useful) rebel

Being a useful rebel looks like having the **confidence to be yourself** and **challenge the status quo** but acting in a way that is **constructive** rather than deliberately destructive.

### Careers have been anti-rebel for a long time.

Ladders are all about conformity; you develop in one direction and aim for the same ambition, working hard for the promise of promotion.

This can lead to people-pleasing, faking it to fit in, feeling stuck, and a lack of energy and ideas.

*By helping people connect with their rebel, we increase the opportunity for people to succeed in a squiggly career. This means you can:*

- Proactively solve problems with your strengths**
- Prototype new roles and projects to support your company's goals**
- Bring outside insight in.**

### Coach yourself questions

When has your rebel been released so far in your squiggly career?



What could you do this week to challenge the status quo and let your useful rebel show?



### Ideas for action



#### 1. Find freedom within existing frameworks

Use existing meetings and moments to spot opportunities to introduce new ideas and ways of working.

- What could you do to make your most frequent meetings 'even better if....'*



#### 2. Define the 'why' behind your work

Writing down 1 or 2 sentences that describe your reason for doing your role gives you the confidence and courage to show up authentically.



#### 3. Join (or create) a non-conformist community

Challenging the status quo can feel easier if you're not doing it alone.

- Joining communities outside of work can support your self-belief when you are doing something different inside of work.*



#### 4. Use Provocative Prompts

Identify conversation prompts that help you constructively change the direction of a discussion.

- Who would disagree with this?*
- What data do we have that would tell us to do something different?*



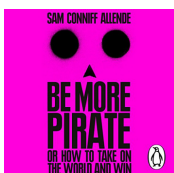
#### 5. Know, show & scale your rebel strengths

**KNOW:** Write down 5 things that make you, you

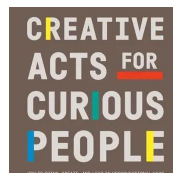
**SHOW:** On a scale of 1-10, how much is each thing present in your work today?

**SCALE:** What would x10 of each strength look like (this helps you get to more rebellious ideas that still feel authentic to you)

### Recommended resources



**Be More Pirate: Or How to Take On the World and Win**  
Uncertainty expert  
Sam Conniff's book



**How to stimulate your creativity**  
Sarah talks to author Sarah Stein Greenberg about curiosity on Squiggly Careers #249



**Originality**  
We discuss ideas to inspire original thinking and include a discussion of the book Corporate Rebels on Squiggly Careers #264