

How to use AI to support your career development

Artificial Intelligence is already having a significant impact on the way we work and is rapidly evolving our roles.

Using AI to support your development is a great way of turning technology into an advantage for your career. It also creates a reason to experiment and learn about tools that lots of people are talking about.

Tried and tested tools



Writing a CV or resume [Try Kickresume](#)

They say: "Kickresume lets you create a stunning resume, cover letter, or a personal website. Whatever content you provide it with, Kickresume will make it look better."

We say: A great place to start with your CV that does 70% of the hard work for you (providing your LinkedIn is up to date).



Prepare for an interview [Try Interview School](#)

They say: "Interview School is mock-interview software that provides you with up-to-date interview questions and AI-assisted feedback."

We say: Great for practicing your responses to different questions. Not reflective of real life interview interaction (yet)



Delivering a great presentation [Try Poised](#)

They say: "Poised is the AI-powered communication coach that helps you speak with confidence and clarity."

We say: Very useful feedback on how you come across in meetings and presentations with quick insights to help you adapt and improve.



Learn fast and make it last [Try Video Highlight](#)

They say: "Video Highlight is the fastest way to summarize and take notes from videos."

We say: A super fast way to transcribe videos from YouTube into useful summaries. Brilliant to remember and reflect on the key points after you've watched.



Research roles and companies [Try Google Bard](#)

They say: "Bard is your creative and helpful collaborator to supercharge your imagination, boost productivity, and bring ideas to life."

We say: Similar functionality to ChatGPT. Provided an accurate insight to the culture of different companies.



Speed read reports [Try Wordtune](#)

They say: "Wordtune Read saves you time by highlighting the key information of any text. Scan your PDF or online article and get the short summary of every section in seconds."

We say: A brilliant first filter of a report but don't rely on it to replace your intuition about what's most interesting.



Advice and support [Try Hey Pi](#)

They say: "Pi is your personal AI, designed to be supportive, smart, and there for you anytime."

We say: Good preparation for a career conversation or for a light version of career coaching. A starting point, but not a substitute.



Improve your writing [Try Grammarly](#)

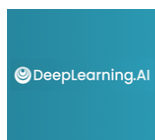
They say: "Grammarly helps you write mistake-free in any app you use. Write Better in Seconds."

We say: Once you download, it pops up everywhere you write (useful and a bit annoying). Efficient way of improving your writing. Grammarly Go can also create first drafts for you.

Recommended resources



National AI Strategy.
Links to a range of learning resources from the the UK Govt.



AI for Everyone
Free course from Coursera produced by Andrew Ng



Introduction to AI
Free programme from IBM covering key applications and terms.