

## The weight of great

When we try to make everything we do at work great, the standard we set for ourselves can result in pressure and stress. We can also miss moments when pace and progress are more important than perfection.

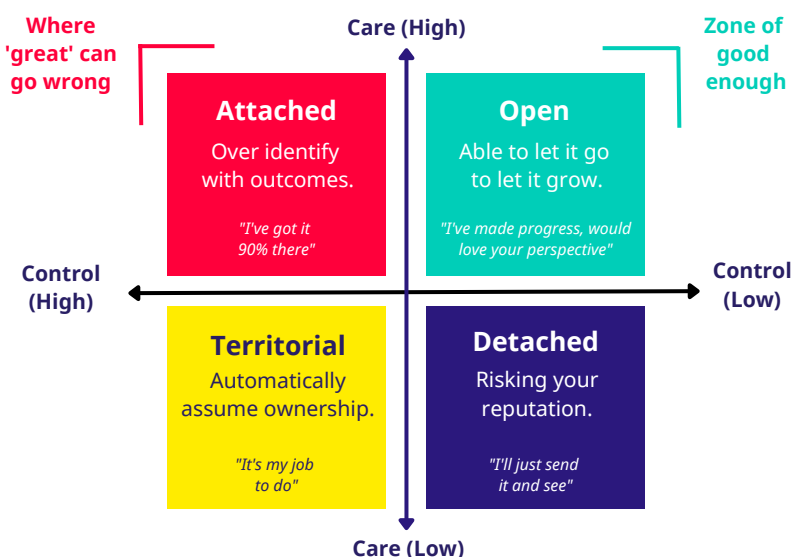
When we are more selective in assessing what work is ok to be good enough we create the energy to increase our impact in other areas.

When does aiming for 'great' get in the way of your growth?



## The open zone of good enough

Understanding the relationship between you and your work comes from assessing how much you care about your work and how much you need to control the way work gets done.



## Ideas for action



### 1. Stop and share

Commit to a set date/time when you are going to stop working on something and share it with someone else to build on. *This prevents you holding on too long.*



### 2. Back to basics

Create a 'project on a page' to get to the most simple view of what needs to be done, how and why. *This stops you from 'over-working' an outcome.*



### 3. Checkpoints

Pre-agree points in a projects when you will check-in and get input from stakeholders. *This creates involvement and reduces the risk of wasted work.*

## Coach yourself questions

How could taking a 'good enough' approach to some of your work help you to achieve more?



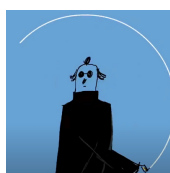
Who could provide you with perspective on how your ways of working come across?



## Recommended resources

**Harvard Business Review**

**Don't let perfect be the enemy of good**  
HBR Tip from Kerry Goyette



**The problem with perfectionism**  
School of life video



**Breaking up with perfectionism**  
TED Talk podcast with Adam Grant