Squiggly Careers PodSheets

How to learn at work

Taking ownership for your learning can give your more control. It can act as an anchor for you in a squiggly career.

> **The more skilled you become, the more opportunities you'll begin to notice for high-impact work.**
>
> **- Cal Newport**

What is 1 thing you want to:

...learn this year?

...unlearn this year?

...relearn this year?

Learning through...Experience

Be specific about where you want to take your knowledge <u>from</u> today, to where you want it <u>to be</u> in the future.

Get buy-in from your manager by communicating the business benefit of your learning activity.

Learning through...Exposure

Know how you learn best and align the people you learn with and places/spaces you learn in to that.

Reflect on your best learning experiences to date and use that to shape your future learning plan.

Learning through...Experiments

Plan something you can 'play' with in a low pressure way to support your learning. This could include trying out a new tool or testing a new technology solution.

Thinking about experimenting with 'what' and 'how' you learn might create new ideas for action.

Learning through...Education

Curate your own curriculum by exploring things you can read, watch and listen to. Crowdsource your curriculum by asking other people to contribute their thoughts.

Create a learning shortcut by having a go-to list of your trusted learning sources.

Coach Yourself Questions

1   **Who can you learn from and with this year?**

2   **What could you do to make your learning stick?**

Recommended resources

Learning by doing
Article: The Hyper Island Way

How to accelerate learning
Tim Ferris shares his thoughts at The Next Web Conference

The Knowledge Project Podcast
Hosted by Shane Parish (Farnham Street)

Amazing if